



*The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing*  
by Marie Kondo

Others around the world have discovered that physical order helps create an environment where we feel the peace of the Spirit. God doesn't dwell in unholy tabernacles (Alma 7:10). We see that in action at the temple—the cleanest, tidiest place on earth.

## Mom's 3 principles for tidying up that God and others showed/taught her:

1. **Come, follow me** (2 Nephi 31:12). Dad and Mom are trying to follow the Savior who set the example of leaving cleanliness behind himself emotionally, physically, mentally and spiritually. "Prepare and prevent rather than repair and repent." (ETB)
2. **Now is the time** (Alma 34:31-33). It's much easier to take the minute to clean up right now, today, then to leave it for later. See the next step for why.
3. **By small and simple things** (Alma 37:6). If you clean up in small and simple ways after you wake up, eat, shower, dress, study, cook, etc., you have created beautiful cleanliness and order as you went along. You can go to bed with a clean space and start all over again peacefully. If you don't, you have created a big mess to clean up at the end of the day, when you're too tired and time is gone. You wake up to a mess and not a peaceful environment.