



“We are a *relief* society and that is what we do. We provide relief from all that hinders the joy and progress of women and all of Heavenly Father’s children....

“Eve had a leadership role in choosing to bring children to the earth in order to teach them and give other children opportunities for the blessings of eternal life.

“Marriage and family are all about ‘us’ and ‘we.’ The doctrines...[of] the world are about ‘I’ and ‘me....’

“We must teach our families everywhere—in [FHE], in prayer and scripture study, and at mealtimes...[and in the car]....

“We owe everything to the Lord. We are so blessed to be involved in a faith-based work, a work in which we can create families, support families, defend families, teach families, and prepare them for the blessings of eternal life—**and love them, love them, love them.**“

(Julie B. Beck, “Nourishing and Protecting the Family,” May 1, 2009 BYU Women’s Conference)

Inspiration for today:



Essential:

Scripture study, prayer, exercise, shower
 Family scripture study, prayer, FHE
 Temple
 Love my husband and children
 VT
 Calling

Necessary:

Review bank account balance/activity
 Meals
 Housekeeping
 Help with practicing
 Help with homework
 Go to bed at 9:30 pm

Nice to do:

*Dear to the heart of the Shepherd,
 Dear are the sheep of the fold;
 Dear is the love that he gives them,
 Dearer than silver or gold.
 (Hymns no.221)*



“The Shepherdess” by William-Adolphe Bouguereau (1873)